

Theses on the topic of culture and ethics in Russia

Slide 1.

Russia is a country with a rich history and unique culture. Understanding local customs and etiquette will help you adapt better, avoid misunderstandings and establish good relationships with others. Today I will tell you the basic rules of conduct that are important for foreign students living and working in Russia to know.

Slide 2. Main cultural values in Russia:

Russians are known for their hospitality and cordiality. An invitation to visit is a sign of special affection and trust. Guests are usually greeted with a generous treat and an effort is made to make their stay as comfortable as possible.

Respect for elders in age and status is an important value in Russian society. The opinions of elders are usually respected and their advice is listened to. Younger generations show concern and help to their elders.

Particular attention is paid to history - it is not something distant and forgotten, but a living memory of our ancestors, their exploits and achievements. We remember those who built our country, who defended it from enemies, who created our culture, we honor their memory and try to pass it on to future generations.

Slide 3.

Observing etiquette and traditions is a manifestation of respect for Russian culture and its people. Knowing and observing etiquette helps foreign students better adapt to the new environment.

Slide 4.

Now I will tell you about the basic rules when communicating with each other:

When meeting, men shake hands.

Close friends and relatives can hug.

When first meeting someone, it is better to use a formal address by name and patronymic (for example, Ivan Ivanovich).

It is customary to address those who are older or more senior in status as "Vy".

You can address friends and acquaintances informally "Ty".

In formal settings, use your first name and patronymic.

Slide 5. National cuisine:

Russian cuisine is very diverse and includes dishes made from meat, fish, vegetables and cereals. Traditional dishes: Borscht, cabbage soup, pelmeni, pancakes, pies, okroshka, kvass, various porridges.

If you are invited to visit, you need to remember the following rules:

Try to behave calmly, don't shout or laugh too loudly.

It's better to turn off the sound on your phone so as not to disturb others.

Use your fork, spoon and knife for their intended purpose.

You can take bread with your hands.

Wipe your mouth and hands with napkins.

The main thing is to be polite, open and enjoy our cuisine! We are always glad to have guests!

Slide 6. Appearance.

The most important thing is to dress appropriately. Clothes should be clean and neat and appropriate to the situation, place and time. At the university, it is usually accepted to dress in a business style. This does not mean that you have to wear a formal suit, but the clothes should be neat and not provocative. Dress for the weather so that you feel comfortable.

Slide 7.

I will tell you about simple rules of conduct in public places that will help you feel comfortable and confident.

In public places, it is better to avoid loud conversations, respect personal space. Be polite, use the words "thank you", "please". In transport, give up your seat to pregnant women and elderly people. In Russia, it is important to maintain cleanliness - Throw garbage in bins. Avoid conflicts.

And finally, don't be afraid to ask. If something is unclear, ask for help.

Following these rules will make your life here more comfortable. Respect, politeness, openness are your best helpers.

Slide 8. Conclusion

Russia is a country with a rich history and unique cultural heritage. Understanding and respecting its traditions, norms of etiquette and behavioral features is the key to successful and comfortable interaction with Russians.

Don't be afraid to ask and learn. Russian people generally appreciate the desire to understand their culture and will gladly share their knowledge and experience. Openness, respect and genuine interest are the best tools for successfully immersing yourself in the amazing world of Russian culture.

In conclusion, I would like to wish you a pleasant acquaintance with Russia and its hospitable people.